

October 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				☐ ☐ ☐	☐ ☐ ☐ WORLD SMILE DAY	☐ ☐ ☐ LOOK AT THE LEAVES DAY
☐ ☐ ☐	☐ ☐ ☐ WORLD TEACHERS' DAY	☐ ☐ ☐ MAD HATTER DAY	☐ ☐ ☐ WALK TO SCHOOL DAY	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐ WORLD MENTAL HEALTH DAY
☐ ☐ ☐	☐ ☐ ☐ INDIGENOUS PEOPLES' DAY COLUMBUS DAY	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐ LEARN A WORD DAY	☐ ☐ ☐ SWEETEST DAY
☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐ UNITED NATIONS DAY
☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐	☐ ☐ ☐ HALLOWEEN

Check off a box each time you brush or clean between your teeth.
Make it a habit for a healthy smile!